

Chirogyn

Chirogyn is a dietary supplement containing myo-inositol, D-chiro-inositol, folic acid, calcium and complex of vitamins recommended in:

- Polycystic Ovary Syndrome (PCOS)
- period disorders



Myo-inositol is a safe and effective naturally occurring substance for improving insulin resistance for the management of PCOS and insulin resistance.

Zinc- contributes to normal fertility and reproduction, contributes to normal macronutrient metabolism and has a role in the process of cell division

Manganese-contributes to normal energy-yielding metabolism

Vitamin B6- contributes to normal functioning of the nervous system and contributes to the regulation of hormonal activity

Folic acid- contributes to the reduction of tiredness and fatigue

Content:

Content of active ingredients in 1 sachet - recommended daily dosage

Myo inositol	2000 mg
D-chiro-inositol	50 mg
Folic acid	400 µg
Manganese	2 mg
Vitamin B12	2,5 µg
Calcium	200 mg
Zinc	10 mg
Vitamin B6	1,4 mg
Vitamin D3	5 µg

How to use:

Dissolve the content of sachet in 150 ml of warm water, drink right after dissolving.

Recommended daily intake:

1 sachet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 30 sachets