

Dierol capsules

Food for special medical purposes.

Product for children above 3 years old and adults.

Dierol is a preparation containing one of the most popular and tested strains- *Saccharomyces boulardii*. Its effectiveness and safety were approved in many researches with participation of children and adults.¹⁻²

Saccharomyces boulardii gained trust of gastroenterologists, pediatricians and neonatologists all around the world.



Numerous reports show that probiotics efficiently prevent diarrhea connected with antibiotic therapy. ESPGHAN³ experts recommend use of *Saccharomyces boulardii* in prevention of diarrhea connected with antibiotic therapy.⁴

Dierol[®]:

- Constitutes body protection during antibiotic therapy
- *Saccharomyces boulardii* contained in Dierol[®] decrease the risk of appearing of diarrhea after antibiotic therapy about 81%
- Is not required to be kept in fridge

Dierol[®]: how it works²

- Contains strain *Saccharomyces boulardii* which keeps its activity in digestive tract despite of action of gastric juice and antibiotic (except for antifungal preparations).
- Contrary to antirejection bacterial preparations it's not required to colonize the bowel which usually takes 2-3 days.
- Right after consuming there takes place multiplying of cultures of bacteria *Saccharomyces boulardii* and the beneficial action of preparation in digestive tract.

Content:

Ingredients: *Saccharomyces boulardii*; corn starch, anti-caking agents: calcium phosphate, magnesium salts of fatty acids. Capsule shell: gelatin, colour: titanium dioxide, iron oxide and iron hydroxide.

Nutritional values	100 g	Recommended daily intake: 1 capsule
Energy	1068 kJ (258kcal)	7,23 kJ (1,75 kcal)
Fat, of which:	3,5 g	0 g
• Saturated fatty acids	2,4 g	0 g
Carbohydrates, of which:	31 g	0,2 g
• Sugar	0,9 g	0 g
• Corn starch	15 g	0,1 g
Fibre	16,5 g	0,1 g

Protein	31 g	0,2 g
Salt	0,2 g	0 g
<i>Saccharomyces boulardii</i>	36,9 g	250 mg (5x10 ⁹ CFU*) 5 billion

*CFU – colony-forming units. Quantity guaranteed on a moment of packing.

How to use:

Younger children: open capsule and add its content to small amount of eaten food.

Older children and adults: swallow the capsule and drink with water.

Do not mix preparation with too hot liquids/food.

Recommended daily intake:

1 capsule daily

Dependently on individual demand, doctor may advice a different portion of daily intake.

Product taken under doctor's supervision. To dietary treatment. Product cannot be used parenterally. It doesn't constitute the only source of food. Varied diet and healthy lifestyle are important to stay healthy. Do not use with other antifungal preparations.

Packing:

- 10 capsules

Literature:

1. Kotowska M. i wsp. Saccharomyces boulardii in the prevention of antibiotic-associated diarrhoea in children:a randomized double-blind placebo-controlled trial. Alimentary Pharmacology & Therapeutics. 2005. 21(5):583-590.
2. Vandenplas Y. i wsp. Saccharomyces boulardii in childhood. European Journal of Pediatrics. 2009. 168(3):253-265.
3. ESPGHAN - European Society for Pediatric Gastroenterology Hepatology and Nutrition (Europejskie Towarzystwo Gastroenterologii, Hepatologii i Żywienia Dzieci).
4. Szajewska H. i wsp. Probiotics for the prevention of antibiotic associated diarrhea in children. Journal of Pediatric Gastroenterology and Nutrition. 2016. 62(3):495-506.
5. Kotowska M. i wsp. Saccharomyces boulardii in the prevention of antibiotic-associated diarrhoea in children: a randomized double-blind placebo-controlled trial. Alimentary Pharmacology & Therapeutics. 2005. 21(5):583-590.