

Magnesium + vit. B6

Dietary supplement

Tablets to swallow

Magnesium contributes to decrease of feeling of fatigue and exhaustion, helps in proper functioning of muscles and influences upkeep of healthy teeth and bones.

Vitamin B6 supports proper functioning of nervous system.

Varied diet and healthy lifestyle are important to stay healthy.

Content:

Ingredients: magnesium carbonates; bulking agents: cellulose, sorbitols; anti-caking agents: talc, magnesium salts of fatty acids, polyvinylpyrrolidone, vitamin B6 (pyridoxine hydrochloride).

Content of of vitamins and mineral ingredients in a recommended daily intake-1 tablet (% of NRV)

Magnesium	56,25 mg	(15%)
Vitamin B6	1,4 mg	(100%)

Product may contain **lactose** (from **milk**).

How to use:

Tablet should be swallowed and drunk with small amount of water.

Recommended daily intake:

1 tablet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 60 tablets
- Net weight: 18 g (60 tablets \square 0,3 g)

