

## Plussz Active Forte Session

Dietary supplement.

Effervescent tablets.

Contains sugar and sweeteners.

High content of caffeine (200 mg/2 tablets).

Not recommended for children, pregnant and breastfeeding women.

Plussz Active Forte Session is recommended for students and pupils in the periods of intensive physical exercise, especially in the time of exams. Rich content of Plussz Active Forte Session contains amongst others: caffeine, taurine and inositol.

Caffeine helps to improve focus and concentration and helps to increase vigilance (measured as speed of response).

Magnesium, vitamins B6 and B12 contribute to decrease of feeling of fatigue and exhaustion.

Vitamin C helps in proper functioning of immunity system.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonates; glucose; bulking agent: sorbitols; taurine; vitamins (L-ascorbic acid, nicotinic acid amide, D-alpha tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); caffeine, flavour; sweeteners: aspartame; colours: sulphite-ammonia carmel, riboflavins; inositol; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol.

Content of vitamins, minerals ingredients and other active ingredients in a recommended daily intake- 2 tablets (% of NRV)		
Vitamin C	80 mg	(100%)
Niacin	16 mg	(100%)
Vitamin E	12 mg	(100%)
Pantothenic acid	6 mg	(100%)
Vitamin B6	1,4 mg	(100%)
Riboflavin	1,4 mg	(100%)
Thiamine	1,1 mg	(100%)
Biotin	50 µg	(100%)

Folic acid	200 µg	(100%)
Vitamin B12	2,5 µg	(100%)
Taurine	400 mg	(15%)
Caffeine	200 mg	N/a
Inositol	40 mg	N/a

n/a-not applicable

Product may contain **lactose** (from **milk**).

Contains a source of phenylalanine.

## How to use:

Dissolve a tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 1 tablet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- 20 effervescent tablets.
- Net weight: 86 g (20 tablets  $\square$  4,3 g)