

Plussz Autumn Winter + Multivitamin

Dietary supplement.

Effervescent tablets, raspberry flavour.

Contains sweeteners.

Ingredients contained in Plussz Autumn Winter + Multivitamin favourably affect immunity system in the Autumn-Winter seasons.

Elderberry –ingredient of natural origin, supports proper functioning of immunity system.

Rutin- flavonoid of plant origin

Vitamin D-supports proper functioning of immunity system

Zinc-helps in upkeep of healthy bones.

Varied diet and healthy lifestyle are important to stay healthy.



Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols, vitamins (L-ascorbic acid, nicotinic acid amide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cholecalciferol, cyanocobalamin); flavourings; elderberry fruit extract (*Sambucus nigra* L.); beetroot powder; anti-caking agents: polyethylene glycol, polyvinylpyrrolidone; zinc citrate; rutin; sweeteners: cyclamates, saccharins; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% NRV):

elderberry fruit extract (<i>Sambucus nigra</i> L.)	60 mg	(n/a)
rutin	25 mg	(n/a)
zinc	10 mg	(100%)
vitamin D	5 µg	(100%)
vitamin C	200 mg	(250%)
niacin	16 mg	(100%)
vitamin E	12 mg	(100%)
pantothenic acid	6 mg	(100%)
vitamin B6	1,4 mg	(100%)
riboflavin	1,4 mg	(100%)
thiamine	1,1 mg	(100%)

folic acid	200 µg	(100%)
biotin	50 µg	(100%)
vitamin B12	2,5 µg	(100%)
coenzyme Q10	400 µg	(n/a)

n/a - not applicable

Product may contain **lactose** (from **milk**).

How to use:

Dissolve a tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, raspberry flavours.
- Net weight: 86 g (20 tablets \square 4,3 g).