

## Plussz Classic Lemon Balm

Dietary supplement.

Effervescent tablets, lemon-apple flavour.

Contains sweeteners.

Herb extract contained in Plussz Classic Lemon Balm improves mood and mental performance.

Magnesium strengthens the nervous system, prevents muscle spasms and increases resistance to stress.

Olive fruit extract complements the benefit of antioxidant vitamins to support the body's own antioxidant defense.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonates; magnesium carbonates; bulking agent: sorbitols; anti-caking agents: polyethylene glycol, polyvinylpyrrolidone; sweeteners: cyclamates, saccharins; lemon balm leaf extract (*Melissa officinalis* L.); flavours; extract of olive fruit (*Olea europea* L.)

Content of active ingredients in a recommended daily intake – 1 tablet (% of NRV):

Magnesium	200 mg	53,3%
Lemon balm leaf extract ( <i>Melissa officinalis</i> L.)	50 mg	n/a
olive fruit extract ( <i>Olea europaea</i> L.)	1000 µg	n/a

n/a- not applicable

Product may contain **lactose** (from **milk**).

### How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

### Packing:

- 20 effervescent tablets, lemon-apple flavour. Net weight: 80 g (20 tablets □ 4 g)