

## Plussz Classic Magnesium

Dietary supplement.

Effervescent tablets, orange-mango flavour.

Contains sweeteners.

Plussz Classic Magnesium is recommended for people who are particularly vulnerable to magnesium deficiency due to stress or improper diet. Magnesium strengthens the nervous system, prevents muscle spasms and increases resistance to stress.

Olive fruit extract complements the benefit of antioxidant vitamins to support the body's own antioxidant defense.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonates; magnesium carbonates; bulking agent: sorbitols; anti-caking agents: polyethylene glycol, polyvinylpyrrolidone; flavours; sweeteners: acesulfame K, aspartame; beetroot powder; vitamin B6 (pyridoxine hydrochloride); colour: riboflavins; extract of olive fruit (*Olea europaea L.*)

Content of active ingredients in a recommended daily intake – 1 tablet (% of NRV):		
magnesium	200 mg	53,3%
Vitamin B6	1,4 mg	100%
olive fruit extract ( <i>Olea europaea L.</i> ) of which hydroxytyrosol	1000 µg 450 µg	n/a n/a

n/a- not applicable

Product may contain **lactose** (from **milk**).

Product contains source of phenylalanine.

### How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

### Packing:

- 20 effervescent tablets, orange-mango flavour. Net weight: 80 g (20 tablets  $\square$  4 g)