

## Plussz Iron + Multivitamin

Dietary supplement.

Effervescent tablets, cherry-orange flavour.

Contains sweeteners.

Product for iron deficiency associated with blood loss or malabsorption of this element.

Plussz Iron + Multivitamin is a combination of iron with daily dose of 10 most important vitamins (% of NRV) which contribute to strengthening of body condition, especially during menstruation.

Iron helps in proper production of red cells and hemoglobin and in proper transport of oxygen in body. It contributes to upkeep of proper energetic metabolism.

Vitamins B6 and B12 contributes to decrease of feeling of fatigue and exhaustion.

Vitamin C helps in proper functioning of immunity system.

Thiamine contributes to upkeep of proper energetic metabolism.

Vitamin E supports protection of cells against oxidative stress.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; maize starch; maltodextrin; vitamins (L-ascorbic acid, niacinamide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroymonoglutamic acid, D-biotin, cyanocobalamin); beetroot powder; ferrous gluconate; flavours; sweeteners: cyclamates, saccharins; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; carrot and hibiscus concentrate; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% of NRV):

iron	4,6 mg	32,9%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%
pantothenic acid	6 mg	100%
vitamin B6	1,4 mg	100%
riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%

folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	n/a

n/a- not applicable

Product may contain **lactose** (from **milk**).

## How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- 20 effervescent tablets, cherry-orange flavour. Net weight: 86 g (20 tablets  $\square$  4,3 g)
- 24 effervescent tablets, cherry-orange flavour. Net weight: 103,2 g (24 tablets  $\square$  4,3 g)