

Plusssz Magnesium + Multivitamin

Dietary supplement.

Effervescent tablets , mango-orange flavours.

Contains sweeteners.

Plusssz Magnesium + Multivitamin is recommended for people who drink coffee and strong tea, in increased physical and mental exercise and for people feeling fatigue and exhaustion.

Magnesium helps in proper functioning of nervous system and muscles and helps in maintaining healthy bones.

Vitamins B6 and B12 contribute to decrease of feeling of fatigue and exhaustion.

Vitamin E contributes to protection of cellular ingredients against oxidative damage.

Varied diet and healthy lifestyle are important to stay healthy.



Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; magnesium carbonate; vitamins (L-ascorbic acid, nicotinic acid amide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); flavourings; beetroot powder; sweeteners: cyclamates, saccharins; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% of NRV):

magnesium	187,5 mg	50%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%
Pantothenic acid	6 mg	100%
vitamin B6	1,61 mg	115%
riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%
Folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%

coenzyme Q10	400 µg	n/a
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n/a-not applicable

Product may contain **lactose** (from **milk**).

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, mango-orange flavours. Net weight: 86 g (20 tablets \square 4,3 g)
- 24 effervescent tablets, mango-orange flavours. Net weight: 103,2 g (24 tablets \square 4,3 g)