

Plussz Man + Multivitamin

Dietary supplement.

Effervescent tablets, mango-pineapple flavour.

Contains sweeteners.

Plussz Man + Multivitamin is a complex preparation conformed to needs of men containing extract of ginseng and of yerba mate.

Yerba mate contributes to strengthening of body, has tonic properties which contribute to immunity to physical and mental fatigue.

Ginseng helps to keep cognitive functions on the proper level, helps counteract fatigue and supports vitality of body.

Zinc helps in keeping proper fertility and proper reproductive functions and helps in maintaining proper level of testosterone in blood.

Vitamin E and manganese support protection of cells against oxidative stress.

Selenium contributes to proper process of spermatogenesis.

Varied diet and healthy lifestyle are important to stay healthy.



Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; vitamins (L-ascorbic acid, niacinamide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); standardized ginseng root extract (*Panax ginseng* C.A. Meyer); yerba mate leaf extract (*Ilex paraguariensis* A.St.-Hil.); zinc citrate; manganese gluconate; coenzyme Q10; sodium selenite; flavourings; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; beetroot powder; sweeteners: cyclamates, saccharins.

| Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% of NRV): | | |
|--|---------|------|
| Standardized ginseng root extract (<i>Panax ginseng</i> C.A. Meyer) | 50mg | n/a |
| of which ginsenosides | 1,8 mg | n/a |
| yerba mate leaf extract | 30 mg | n/a |
| zinc | 5 mg | 50% |
| manganese | 1mg | 50% |
| selenium | 27,5 µg | 50% |
| vitamin C | 80 mg | 100% |
| niacin | 16 mg | 100% |

| | | |
|------------------|--------|------|
| vitamin E | 12 mg | 100% |
| pantothenic acid | 6 mg | 100% |
| vitamin B6 | 1,4 mg | 100% |
| riboflavin | 1,4 mg | 100% |
| thiamine | 1,1 mg | 100% |
| folic acid | 200 µg | 100% |
| biotin | 50 µg | 100% |
| vitamin B12 | 2,5 µg | 100% |
| coenzyme Q10 | 400 µg | 100% |

n/a- not applicable

Product may contain **lactose** (from **milk**).

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, mango-pineapple flavour. Net weight: 86 g (20 tablets \square 4,3 g)
- 24 effervescent tablets, mango-pineapple flavour. Net weight: 103,2 g (24 tablets \square 4,3 g)