

## Prenalen

**Dietary supplement**

**Raspberry flavoured dissolving powder.**

**Contains sweeteners.**

**For pregnant women and breastfeeding mothers.**



With thought about exceptional requirements of women in those special 9 months and in the period of breastfeeding.

Garlic- used in natural medicine for ages. It has antibacterial and antioxidant action, strengthens immunity system. It supports functioning of respiratory system.

Garlic used in Prenalen product is odourless and standardized to content of four bioactive ingredients: allicin, thiosulfinates, allin, gamma-glutamylcystein.

Raspberry- contains natural antioxidants which support strengthening of body protective functions.

Vitamin C-supports proper functioning of immunity system. Vitamin C limits fatigue and exhaustion, increases iron absorption. Additionally, it helps to protect cells against oxidant stress.

Zinc-is responsible for proper functioning of immunity system. It also has many functions connected with upkeep of the proper metabolism of proteins and carbohydrates.

Varied diet and healthy lifestyle are important to stay healthy.

### Content:

Ingredients: maltodextrin; raspberry juice (10%) reproduced from the dried raspberry juice; bulking agent : sorbitols; acidity regulator: malic acid; beetroot powder; garlic extract (*Allium sativum* L.); flavours; vitamin C (L-ascorbic acid); black tea extract; anti-caking agent: silicon dioxide; zinc citrate; sweeteners: sucralose, steviol glycosides.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake- 2 sachets (% of NRV)

Garlic standardized dry extract	144 mg	(n/a)
· Allicin	1,440 mg	(n/a)
· Thiosulfinates	1,584 mg	(n/a)
· Allin	2,880 mg	(n/a)
· Gamma- glutamylocystein	2,880 mg	(n/a)
Vitamin C	80 mg	(100%)
Zinc	10 mg	(100%)

n/a – not applicable

Product may contain **lactose** (from **milk**).

## How to use:

Dissolve sachets in 100 ml of warm water.

Recommended daily intake:

It is recommended to take 2 sachets daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- 14 sachets. Net weight: 70 g (14 sachets  $\square$  5 g)