

## Prenalen Prolaktan

Dietary supplement.

Banana flavoured instant drink with roasted cereal extract and vitamins.

Prolaktan is a product for breastfeeding women which supports body of a woman in the period of lactation and in cases of tension associated with difficult moments during lactation. The product contains pumpkin seed extract rich in L-tryptophan and extracts of roasted barley and rye, galega officinalis and nettle leaf.

Thiamine and vitamin B12 help in keeping proper psychological functions.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

Ingredients: inulin, sugar, extract of roasted **barley and rye**-9%, pumpkin seed extract (*Cucurbita maxima* Dutch.), banana juice powder (banana maltodextrin), galega officinalis extract (*Galega officinalis* L.), nettle leaf extract (*Urtica dioica* L.), natural flavour, anti-caking agent: silicon dioxide, vitamin D (cholecalciferol), thiamine=vitamin B1 (thiamine mononitrate), vitamin B6 (pyridoxine hydrochloride), niacin (nicotinic acid amide), biotin (D-biotin), vitamin B12 (cyanocobalamin).

Content of vitamins and other active ingredients in a recommended daily intake-1 sachet (% of NRV)

Pumpkin seed extract - <b>L-tryptophan</b>	400 mg (n/a) 8 mg (n/a)
Galega officinalis extract	150 mg (n/a)
Nettle leaf extract	100 mg (n/a)
Vitamin D	20 µg - 800 i.u. (400%)
Thiamine	1,1 mg (100%)
Vitamin B6	1,4 mg (100%)
Niacin	16 mg (100%)
Biotin	50 µg (100%)
Vitamin B12	2,5 µg (100%)

n/a – not applicable

### How to use:

Dissolve content of a sachet in 150 ml (about ½ of glass) of warm cow milk or any plant milk and stir thoroughly. It can be

mixed with natural or flavour yoghurt.

**Recommended daily intake:**

It is recommended to take 1 sachet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Do not use in case of allergy to any of the ingredients of the product.

**Packing:**

- 14 sachets. Net weight: 112 g (14 sachets □ 8 g)