

# Vitamin D3 FORTE 4000 i.u.

#### Dietary supplement. Soft capsules.

Vitamin D belongs to a group of vitamins which dissolve in fats so for the sake of the highest quality we prepared product in form of soft capsules. Liquid fatty filling "Liquid formula" ensures proper absorption of vitamin D dissolved in it.

#### Vitamin D:

Vitamin D helps in keeping healthy bones and teeth. It supports proper functioning of muscles and immunity system. It helps in proper absorption and use of calcium and phosphorus and upkeep of proper level of calcium in blood. It takes part in the process of cell division.



The European Food Safety Authority defined upper safe level of consumption of vitamin D for adults as 100 µg (equivalent to 4000 i.u.) taken daily.

Varied diet and healthy lifestyle are important to stay healthy.

### **Content:**

Ingredients: : sunflower oil, gelatin; humectant: glicerol; medium-chain triglycerides of saturated fatty acids, cholecalciferol (vitamin D3).

Content of vitamins in a recommended daily intake- 1 capsule (% of NRV) Vitamin D- 100 µg 4000 i.u. (2000%)

### How to use:

Product should be taken during or after meal. Capsule should be swallowed and drunk with water.

#### Recommended daily intake:

1 capsule a day. Do not exceed the recommended daily intake of the product. Dietary supplement cannot be used as a substitute of a varied diet. Product for adults.

## Packing:

- 60 capsules
- Net weight: 9 g (60 capsules [] 0,15 g)